Dr Wright’s full replies to the Glancer Interviewer…

FULL GLANCER INTERVIEW

Hi Danielle, Thank you again for the interview questions. I’ll be honest, I totally thought this was going to be about my new business, medicine and Obstetrics and Gynecology. I guess that’s where my head is most of the time these days. I just looked back and realized it said Suburban Mom’s feature but I didn’t put two and two together and realized after reading the questions, Oh! May Issue, Mother’s Day, now I get it. Yipes! Well, I guess I do qualify, true I am a mother. It’s not that I’m a horrible mother or anything but I don’t think I’ll be winning any mother of the year awards anytime soon. Doctor of the year? Sure. But mother of the year? Ummm, Debatable.

Okay, so here’s what I’m going to do. I am going to answer these questions very honestly and truthfully and then hope that you can use your writer/editing skills to get what’s best for a great article for your magazine? Let’s try it. If this doesn’t work, let me know and I’ll try to rewrite it with a lot of pretty flowery great Mommy type stuff and we’ll go that angle. Okay here goes…

Below are the interview questions for your feature.

1. Please verify the spelling of your name. How long have you lived in the area?
	* Name: Kimberly E. Wright MD
	* How long have we lived here? We moved here in 2002. That’s when I graduated from residency. Wow, I can’t believe it’s been 12 years already.
2. Please list your family’s names, ages and you can include pets if you like.
	* Kimberly E. Wright MD Age 43 will be 44 in May. Typing the age out makes it seem more like a reality. Can I say 29?
	* Charles E Davis He just turned 43. He is my husband I just never changed my name. We both cringe if anyone calls him Mr. Wright. I’ve recently considered changing my last name to Davis but it’s on the front of the office now in huge letters. Not to mention the website, email, and everything else connected with the business… okay sorry, I’m off on a tangent. Back to the names and ages…
	* Chase London Rose Davis (I LOVE her name! Tell me that’s not the cutest name ever :-) She’s my girl twin and she’s 5
	* Charles Everett Leonard Davis: He’s named after Charles, my Dad and a street we lived on in Hyde Park Chicago that we thought sounded cool. He’s the third Charles so we call him Trey. Boy twin Age 5
	* As far as a pet, we don’t have any, yet. However, the twins keep asking for a dog. I can feel Charles gearing up to get one. Oh boy. You know how something can be a good thing but you know it’s going to make your life even crazier?
3. I hear that you’re an OBGYN and recently opened up your own facility. Can you tell me a little bit about this – when you opened, what services you provide, story behind opening up your own business, etc.
	* So the name of our office is The Wright Center for Women’s Health. We officially opened back in September of 2012 in the Freedom Commons Center of Naperville. The office is across the parking lot from Morton’s. It is a full service Obstetrics and Gynecology office specializing in, cosmetic vaginal procedures, minimally invasive procedures, heavy periods, surgery free and hormone free permanent birth control and VIP OB. With the way that health care is going a lot physicians are joining large group practices. I didn’t want an assembly line factory style practice, where the doctor is forced to see a patient every 5 to 15 minutes and patients are treated more like a number than a person. I really wanted to create an environment that focused on quality as opposed to quantity. At The Wright Center each client is allotted ample time and given however much time, care and effort they need and the focus of the entire staff is on that person when they are in the office. It’s all done in an upscale spa like atmosphere. I hope you visit our office. I wanted to create a facility where one can truly experience personalized luxury healthcare. The Wright Center for Women’s Health is that place.
4. Working and being a mom can be quite the hectic lifestyle. How do you balance everything between work and home?
	* I cheat. My husband is undoubtedly the best father that ever lived. He truly takes awesome care of my twins. They are in swim, dance, piano, soccer, karate, and gymnastics and he keeps them on time in every one not missing a class and practicing regularly. I often hear “I think I may have seen your husband with your twins” out and about at some Naperville location. Everyone recognizes me in my twins. They look just like me! Sorry Charles. Yes, it gets hectic, I don’t have the neatest house in the world and I have tons of underwear because I don’t get around to washing a whole lot but he makes it all more doable. Now he would most definitely win The Father of the Year Award. Is there a Suburban Dad’s feature for Father’s day? I nominate Charles Eugene Davis!
5. What’s the best part about being a mom?
	* They make everything better. You appreciate things more. What do I mean by that? Things that were at one time run of the mill, things you may have never thought of enjoying before, become wonderful. When you are with them you are forced to see things through their eyes. The wonderment of an ant pulling food back to an ant hill, a lady bug with one spot on one wing and two spots on the other, the way a leaf imprint shows up on paper when you rub the side of a crayon over it, watching a gold fish eat it’s food, the smell of a rose, playing with bubbles, doing the silly dance, flying a kite, their laughter, their giggles, their hugs, kisses, snuggles and noseies, when you come home and they run and jump into your arms screaming Mommy’s Home! I always tell them how cute they are and so I’m just going to have to eat them up. Now it’s a game where they say, “Mommy, are you going to eat us up?” and it turns into an all-out full on obstacle course marathon all over the house where I’m chasing them to “eat em all up” They love that! Watching them get so excited about things make you more excited about them and help you appreciate those things that you really took for granted before having children.

Now I will say that their existence also makes things that don’t necessarily involve them way better too. For example, before children there’s a lot of things that you take for granted, that they really enhance your appreciation of when you get a chance to do them, going to the bathroom when they are playing upstairs, taking a shower while they are sleeping, taking a bath, reading a magazine article, going to work on Monday morning takes on a whole new meaning, watching a recording of Scandal while they are with their auntie. Silence is a big one for me. Sometimes, when I am at home and Charles has taken them to one of their various activities, the quiet gives the term silence is golden a whole new meaning. It is so blissful and sweet. The pure essence of utopia. Calm comes over you and you just soak it all in. It’s such a beautiful thing. Never before had I ever appreciated silence and quietness like this before, sorry I digress. But the best part about being a mom? It makes things you used to never even give a second thought, better, actually amazing. Things that used to be mundane and matter of fact and taken for granted are now golden and priceless. They make you appreciate life more.

1. Can you share with me your best mommy moment?
	* I have two: You can pick the one you like the best. So my daughter Chase loves Doc McStuffins and she has all of the toy doctor paraphernalia, stethoscope, BP cuff, thermometer, etc. and one day my son tries to play with it and she says, “Trey, you can’t be a doctor, only girls are doctors. Boys work at home like Daddy!” I know. Gender roles are a bit skewed in our home.
	* Teaching them how to tie their shoes. Okay well maybe Charles technically taught them. So what had happened was, we went to their Kindergarten orientation (okay, that’s a whole thing! It sounds like they have to be a whole lot more independent than we have let them be, tie their own shoes, make sure to close the door when they go potty and wash their hands by themselves, know to button and zip their coats and open their own lunchboxes. Aaaargh! Sometimes I push down on the top of their heads and say stop growing! Wait wait wait for me! I’m not ready for you to go to school yet! I digress again) their teacher said that they had to either learn how to tie their shoes or wear velcro. Apparently there are 25 children to each teacher - God bless those teachers’ hearts! –So obviously they can’t be tying 25 children’s shoes. Now the twins have a shoe closet that can rival Imelda’s and they have certain shoes that need to go with certain outfits, so I’m like I gotta teach them how to tie their shoes. So I went on the internet and found out how to teach them this magic fingers technique. Then the first chance I got, I sat them down and tried to teach them. Actually they didn’t get it at first. They got really close though. Then my husband tried to teach them the bunny ears way and they told him, “Do it the way that Mommy does it!” So while they were sleeping I showed Charles how to do the Magic fingers and then he showed them how to do it. I guess technically he put the final touches on there, but I did help. I’m still proud of my input.
2. Any advice out there for other working moms – perhaps those that own their own business as well?
	* Delegate and allow lack of perfection to be okay. Nope, you don’t have a well-manicured lawn, the dishes aren’t washed, and that stack of mail hasn’t been looked at for weeks but when you get home make time for the kisses, hugs, snuggles and nosies because next thing you know they’re going to be growing up before your eyes and going off to kindergarten. All that other stuff will still be there for you tomorrow.
3. Please feel free to share anything else you think our readers would enjoy!
	* [I do love my children but of course a humongous part of my life is my business so I would be remiss to not mention it.] May is Mommy Makeover Month at The Wright Center and we’re having a promotion on Cosmetic Vaginal Procedures. Dr. Wright has teamed up with Dr. Denise Furlong who is board certified in Female Pelvic Medicine and Reconstructive Surgery. Please call us at 630-687-9595 for more information or visit our website at thewrightobgyn.com.